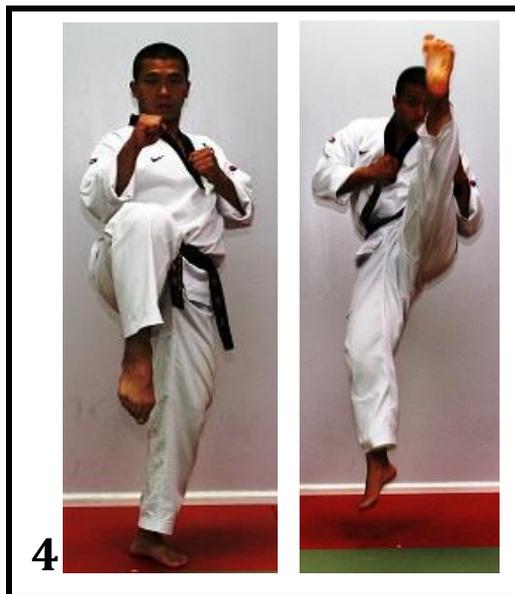


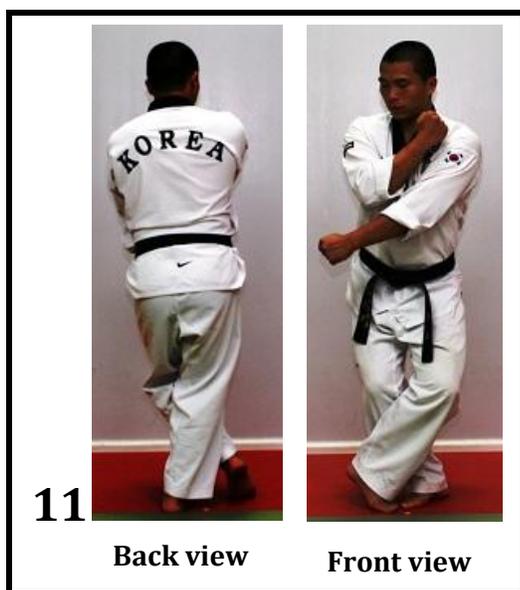
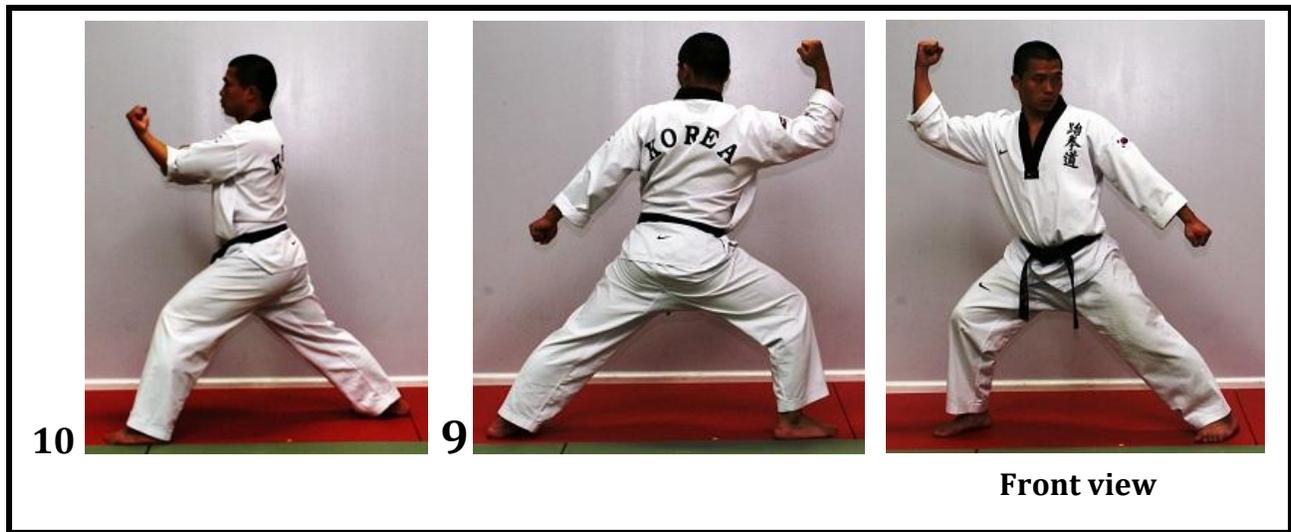
# TAE GEUK PAL JANG



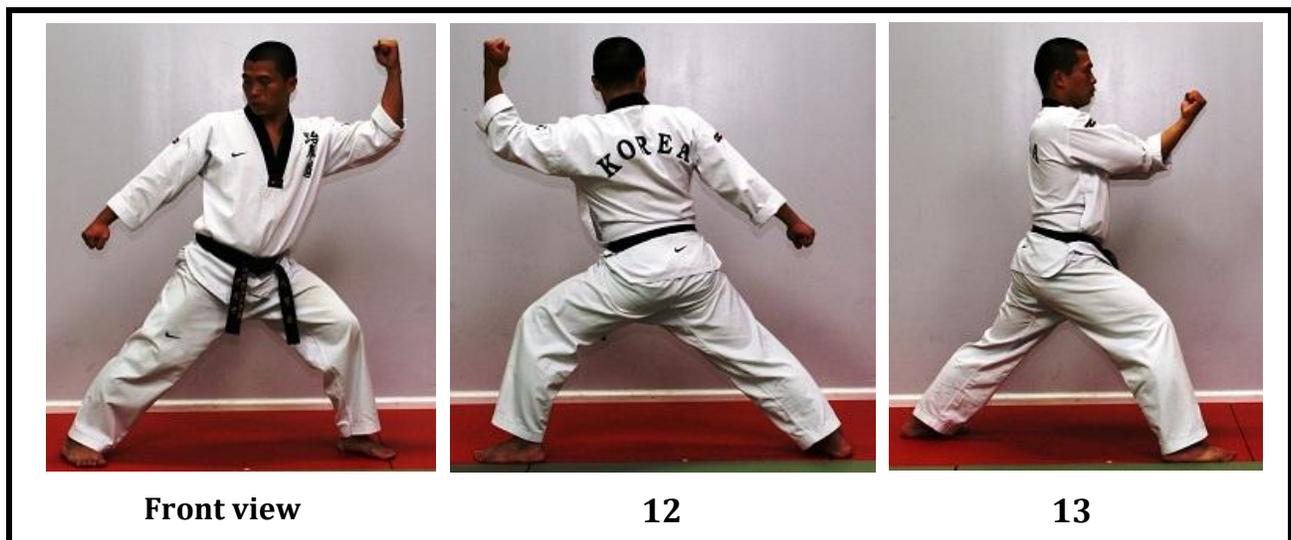
1. Ready Stance
2. Back Stance/Outside Block (middle)
3. Front Stance/Middle Punch (right)
4. Jump Front Snap Kick/KI HAP
5. Front Stance/ Inside Middle Block
6. Front Stance/Middle Punch (right)
7. Front Stance/Middle Punch (left)
8. Right foot steps forward with Front Stance/ Middle Punch



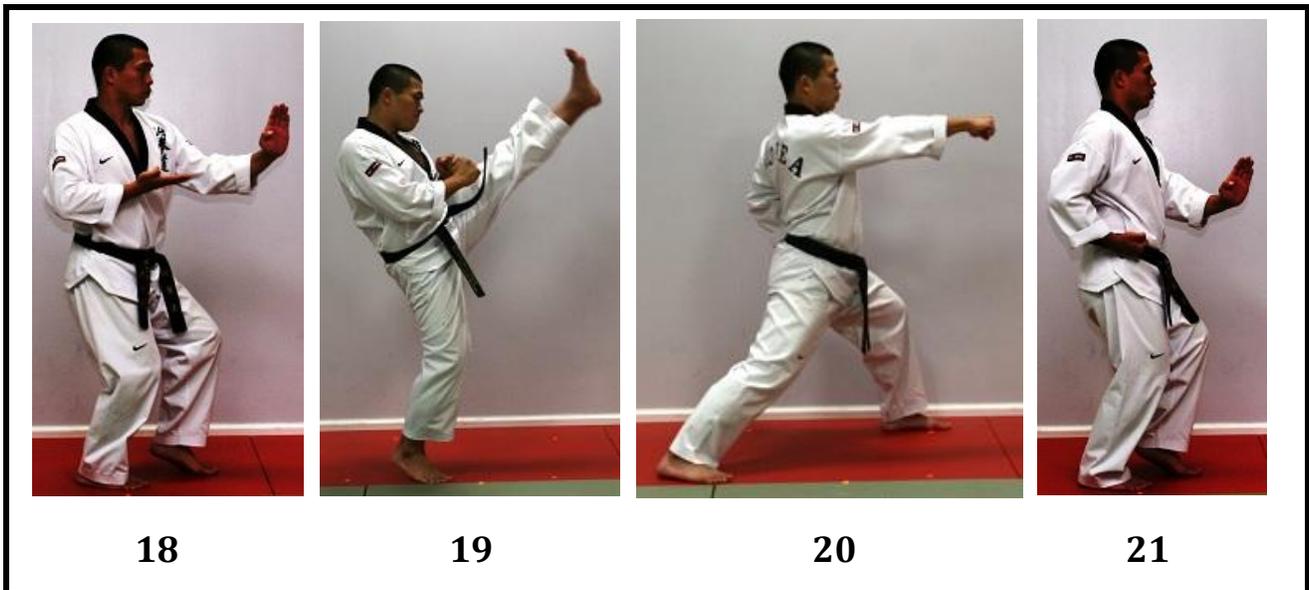
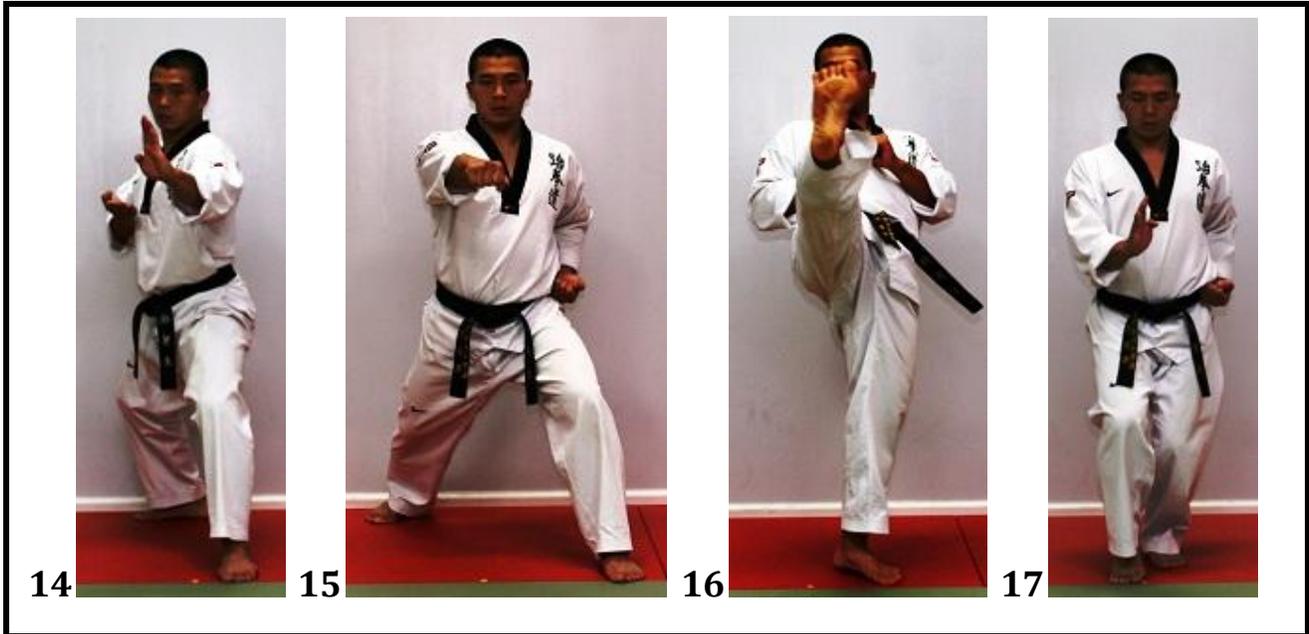
# TAE GEUK PAL JANG



- 9. Front Stance/Single Mountain Block (high-low block)
- 10. Front Stance/Pull and Uppercut Punch (to chin)
- 11. Left foot crosses in front of Right foot, into Left Front Cross Stance
- 12. Front Stance/Single Mountain Block (high-low block)
- 13. Front Stance/Pull and Uppercut Punch (to chin)



# TAE GEUK PAL JANG



14. Back Stance/Outside Knife Block (middle)  
15. Front Stance/Middle punch  
16. Front Snap Kick  
17. Tiger Stance/Inside Palm Block (middle)

18. Tiger Stance/Outside Knife Block (middle)  
19. Front Snap Kick (left foot)  
20. Front Stance/Middle Punch  
21. Tiger Stance/Inside Palm Block (middle)

# TAE GEUK PAL JANG

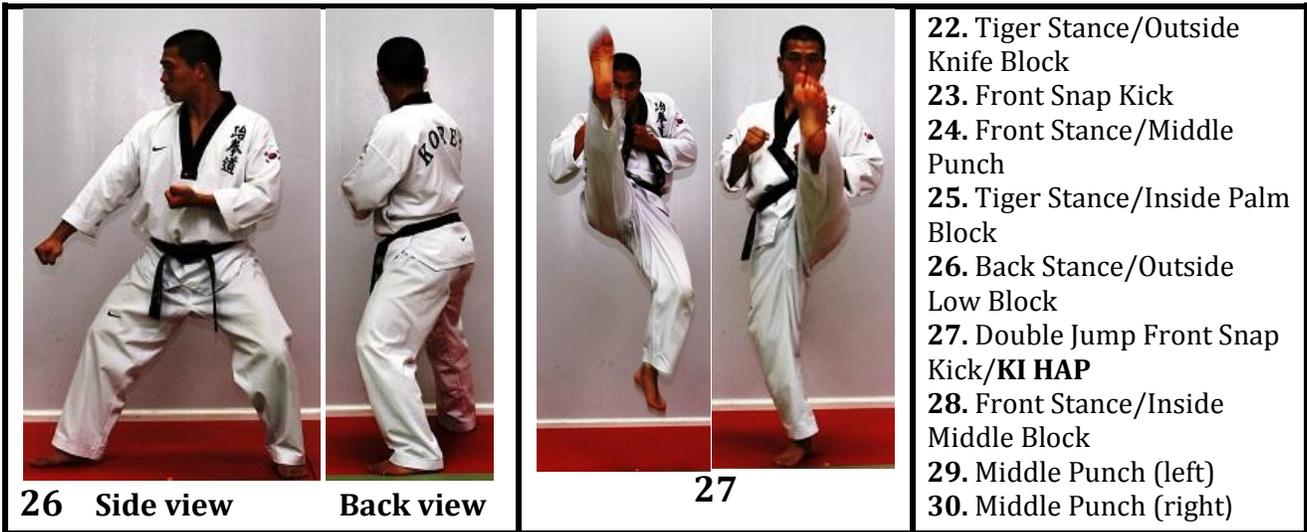


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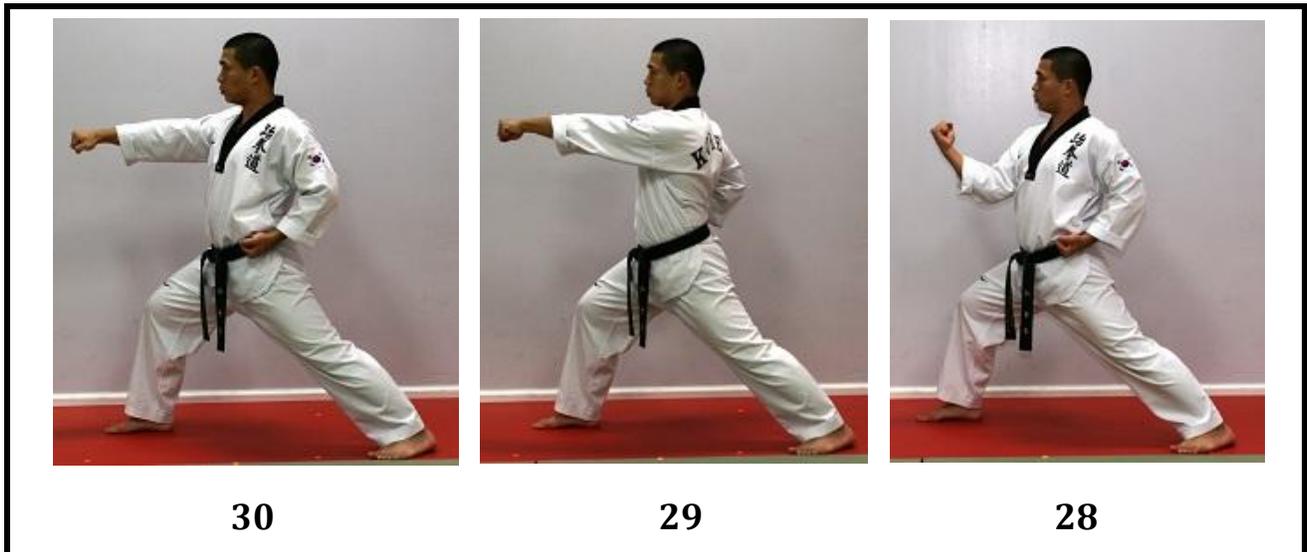


26 Side view

Back view

27

- 22. Tiger Stance/Outside Knife Block
- 23. Front Snap Kick
- 24. Front Stance/Middle Punch
- 25. Tiger Stance/Inside Palm Block
- 26. Back Stance/Outside Low Block
- 27. Double Jump Front Snap Kick/KI HAP
- 28. Front Stance/Inside Middle Block
- 29. Middle Punch (left)
- 30. Middle Punch (right)

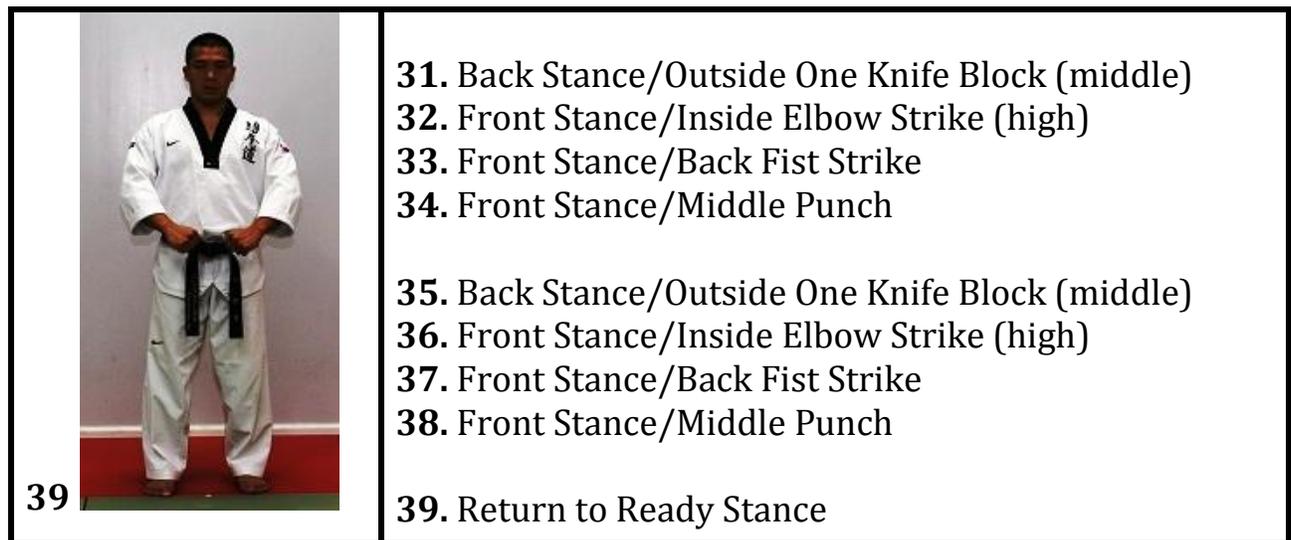
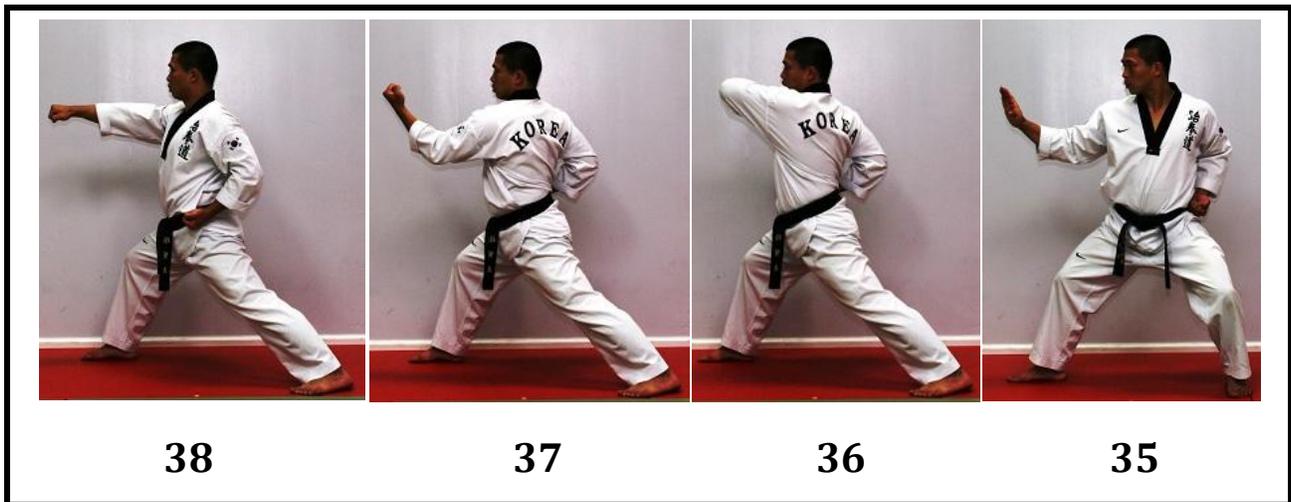
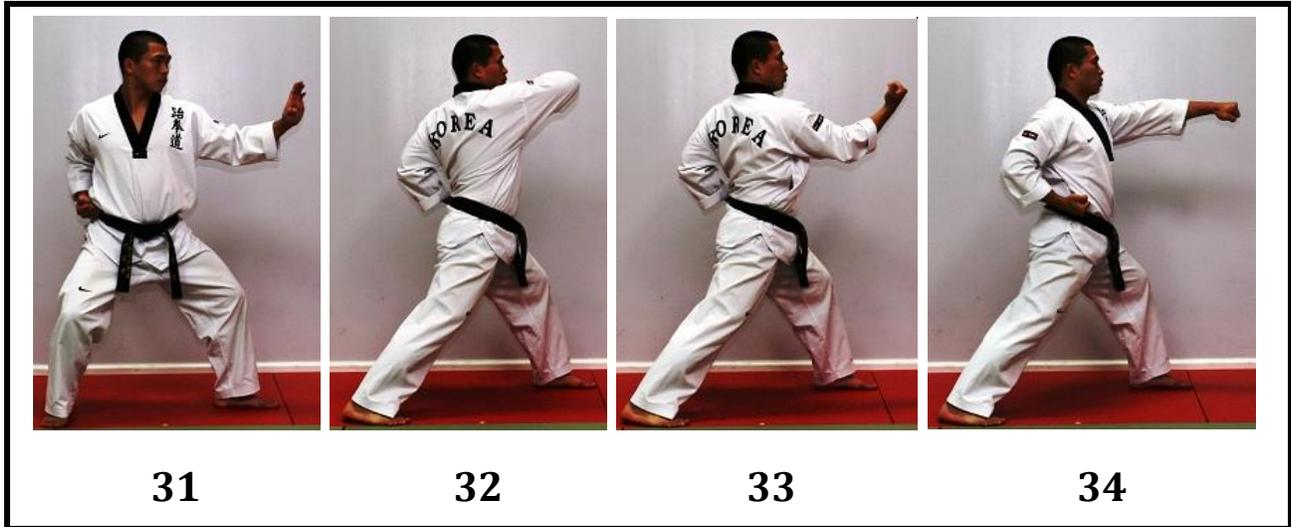


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# TAE GEUK PAL JANG



- 31. Back Stance/Outside One Knife Block (middle)
- 32. Front Stance/Inside Elbow Strike (high)
- 33. Front Stance/Back Fist Strike
- 34. Front Stance/Middle Punch
  
- 35. Back Stance/Outside One Knife Block (middle)
- 36. Front Stance/Inside Elbow Strike (high)
- 37. Front Stance/Back Fist Strike
- 38. Front Stance/Middle Punch
  
- 39. Return to Ready Stance